

RAJARAJESWARI COLLEGE OF PHYSIOTHERAPY

MPT - Dissertation register -2024

Dissertation number	Student Name	Topic/title	Dept.	Name of the guide
D12	Rekha S	Effect of motor control exercises versus McGill's stabilization exercises along with IFT on pain and disability in patients with chronic low back pain: a comparative study	Musculoskeletal Sciences	M. Kasturamma
D13	Reshma Neha Jacob	Effectiveness of Bosuball exercises on balance and functional performance in guillain barre syndrome patients	Neurological sciences	Jibi Deepak
D14	Nigam Pooja Rajesh	Effect of square stepping versus swiss ball exercises on balance and functional performance in elderly population	Neurological sciences	Tulika

D15	Douzi Shaista Khanam	Effect of dynamic neuromuscular stabilization exercises versus core stability exercises for balance and mobility in patients with multiple sclerosis : a comparative study	Neurological sciences	Jibi Deepak
D16	P Numira Khanam	Effect of laser versus Ultrasound along the high load strength training on pain and functional ability in patients with chronic plantar fasciitis: a comparative study	Musculoskeletal Sciences	M. Kasturamma
D17	Hafiza Ibadasuk Syiem	Effect of inspiratory muscle training on exercise tolerance and quality of life in post covid-19 COPD patients	Cardiovascular and pulmonary sciences	G. Pavani
D18	Roshna Regi	Effect of Neurodynamic versus proprioceptive neuromuscular facilitation technique in reducing pain and improving functional performance in carpal tunnel syndrome patients: a comparative study	Neurological sciences	Jibi Deepak

D19	Jowhar Russel K K	Effect of specific task training versus resistance training on functional activity in patients with knee osteoarthritis : a comparative study	Musculoskeletal Sciences	M. Kasturamma
D20	Jahnvi K	Effect of multidimensional approach and oblique sling exercises on pain and activity limitation in patients with non-specific low back pain	Musculoskeletal Sciences	P. Balasubramanian
D21	Meghana	Effect of desensitisation techniques versus nerve flossing techniques on paresthesia and functional limitations among lumbar radiculopathy patients – a comparative study	Neurological sciences	Tulika
D22	Ablin Sojan	Effect of scapular stabilization versus modifies cervical exercise along with postural modification on range of motion and functional disability on young adults with forward head posture	Musculoskeletal Sciences	M. Kasturamma
D23	M Lokeshwari	Effect of balance training program versus progressive	Neurological sciences	Jibi Deepak

		resisted exercise for balance and quality of life among diabetic peripheral neuropathy – a comparative study		
D24	Rajeshwari M	Effect of motor imagery versus meaningful task specific training on upper extremity functions and quality of life in patients with stroke – a comparative study	Neurological sciences	Tulika
D25	Sunitha K Selcia Bai	Effect of instrument assisted soft tissue manipulation versus post isometric relaxation along with laser therapy on unilateral upper trapezius trigger points: a comparative study	Musculoskeletal Sciences	P. Balasubramanian
D26	Chaitra K	Effect of mikhled knee exercise protocol versus retro walking on pain and disability among patients with knee osteoarthritis: a comparative study	Musculoskeletal Sciences	P. Balasubramanian
D27	Yuvanesh Raj B	Effect of upper extremity plyometric training versus agility ladder training on reaction time and hand –eye coordination among male collegiate.	Sports Sciences	P. Vijaya Kumar

D28	Dhanush Shabari B	“A comparative study on multimodal balance enhancing exercise versus task specific balance training to improve balance and reduce risk of fall in Parkinson’s disease”	Neurological sciences	Tulika
D29	Sahana J	Effect of spencer muscle energy technique versus Katteborn mobilization on range of motion and disability among patients with frozen shoulders: a comparative study	Musculoskeletal Sciences	P. Balasubramanian